



London Portfolio

Jason Costa

European Challenges and Opportunities, projeto coordenado pela Câmara Municipal de S. João da Madeira no âmbito do programa Erasmus+, Ação Chave 2: parcerias estratégicas, convenção nº 2015-2-PT02-KA205-002395 de 02-11-2015/02-11-2017.

A Escola Inglesa, parceira no projeto coordenou esta mobilidade com o parceiro Inglês Twin Training International Ltd



Table of Contents

I.	Introduction.....	2
II.	Arrival.....	3
III.	First day at twin and interview.....	4
IV.	Visiting London.....	5
V.	Work Experience.....	6
VI.	Conclusion.....	7

Introduction

This internship was realized through the European Challenges and Opportunities project, which was intended to promote the development of business ideas and entrepreneurship. This project provided us with the opportunity improve and add value to our business proposal: “UL2U – Alimenta a tua mente”, by experiencing another country, specifically London, for an entire month through a work experience program by TWIN, the English school partner in this project. Each member of our project was assigned on a different company, related to our own skills and area of education. My company of placement was Doculand, which provides professional printing services and is located in central London.

This work experience intended to provide us with unique formation to improve our main skills, improve our English, stimulate our entrepreneur mindset and our experience regarding business, living abroad and other cultures.

Arrival

After full day of packing, a short night of sleep and a one-hour drive, we arrived at Porto, where we got the 6am flight to London. The airplane trip was calm and relaxing, providing us with valuable energy for the long day that was ahead of us.

After arriving at the expected time, we were received by a person representing Twin, which was in charge of helping us find our foster families and provided useful information for the next days. Afterwards, we took a transfer to central London, where each one of us met his host family. We quickly reunited afterwards to share feedback regarding the family and for our first short visit to London.

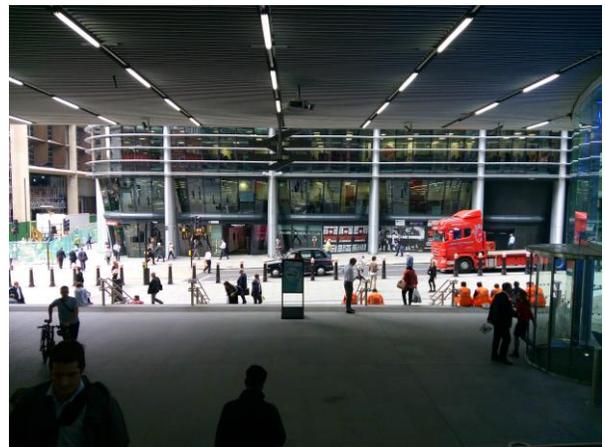
Everyone was pleased with their new homes and with all the people we had met so far. Despite being really tired, the team made an effort and after resting for a while we took a bus to Lewisham, our new meeting point for the entire stay. We then headed to central London where we enjoyed the beautiful sights near tower bridge while walking along the canal.



First day at twin and interview

Our first full day in London started with a visit to Twin, where we were instructed on several topics such as the interview process, how to go around and useful contacts. Everybody was really nice and insisted in being directly contacted should any problems arise.

Shortly after lunch each one of us went to the interviews, reuniting afterwards at a Weatherspoon's pub for our first pint and pub visit. The interview was simply a casual conversation and everybody was excited to start their internship.



Visiting London

We tried to make the best out of our free travel card and free time. Most shops and places in London close really early, so we usually enjoyed a relaxing walk at one of the parks or a visit to one of the many shopping malls like Harrods. We usually ended our day with a quick visit to a nearby pub for a relaxing snack before dinner.

London is an amazing city, either for work or leisure, there's always something to do and it's impossible to get bored. Despite our relatively long stay, we never had a single day where we couldn't find something to do, being able to always fill it with a nearby concert, karaoke night, art exhibitions, street performances, shopping malls, one of the many amazing and huge parks, or simply visiting attractions like the Big Ben or the London Eye.



Work Experience

Each one of us had a different experience regarding our internships. Some of us felt disconnected or apart from the rest of the company, while others like me, experienced a true work experience integration with a lot of work and responsibility involved throughout the entire duration of the internship.

I was in charge of maintaining one of the company's websites, which required several updates and fixes, as well as design changes. The website is currently available at www.letsprintthat.co.uk.

Suat Saat, the CEO, provided constant feedback regarding the work I developed and was always available to provide advice and help regarding our winner project: "UL2U, Alimenta a tua mente".



Conclusion

This experience provided us with valuable knowledge about how to adapt and live in a big and fast paced city like London. We brought back valuable knowledge provided by people with great entrepreneur skills like Suat and our own experience living and working abroad will help us deliver new and innovative ideas, find better ways to implement them and create more value in our projects.

Living abroad for a period of time as long as this one also creates a new perspective regarding the possibility of working and living in another country, experience new places and interacting with so many different people and cultures.

This is a journey I will take for life, not only as a result of the amazing experiences I lived here but specially thanks to the people I shared them with.

